



## Samuele Russo

 Website: [www.psicologiapediatrica.it](http://www.psicologiapediatrica.it)

 Website: [www.metaforicamente.it](http://www.metaforicamente.it)

### NETWORKS AND MEMBERSHIPS

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[ 11 Sep 2017 – Current ] Order of Psychologists of the Lazio

#### **Psychologist and Psychotherapist**

Enrollment in the Order of Psychologists of the Lazio sec. A No. 27426

[ 2023 – Current ]

#### **Member of the Associazione Italiana di Psicologia (AIP)**

[ 2023 – Current ] EMDR Europe Association e Associazione EMDR Italia

#### **Member of the EMDR Italia Association since 2023**

### WORK EXPERIENCE

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#### **Research Fellow at Fondazione Santa Lucia IRCCS**

*Fondazione Santa Lucia IRCCS* [ 3 Feb 2025 – Current ]

Address: Via Ardeatina, 306, 00179 Roma (Italy) | Website: [www.fondazionesantalucia.it](http://www.fondazionesantalucia.it)

Recipient of the research fellowship for the project “Development of advanced MRI methods and of tailored signal processing for the quantitative characterization of neurodegenerative diseases through novel biomarkers identification”:

- Patient recruitment for the study.
- Administration of neuropsychological tests to assess cognitive functioning.
- Collaboration in the execution of neuroimaging experiments for the identification of innovative biomarkers in neurodegenerative diseases.

#### **Member of the List of Commissioners in the Evaluation Committees for Practical Assessment Tests (PPV)**

*Ordine Psicologi del Lazio* [ Jun 2024 – Current ]

City: Roma | Country: Italy

**Role Description:** Member of the list of selectable commissioners for the evaluation committees for Practical Assessment Tests (PPV) in the qualification sessions for psychologists.

#### **Responsibilities:**

- Evaluation of the practical and theoretical skills of candidates for professional qualification.
- Ensuring the maintenance of excellence standards for the qualification of future psychologists.
- Contributing to the training and evaluation of the next generation of psychologists.

#### **Tutor Practical Evaluation Internship (TPV) Developmental Psychology**

*Università degli Studi eCampus* [ 1 Dec 2023 – Current ]

Address: Via Isimbardi, 10, Novedrate (CO), 22060 Como (Italy) | Website: <https://www.uniecampus.it>

University teaching activity with the role of tutor for the carrying out of the Practical Evaluation Internship (TPV) at the eCampus University for the students of the Degree Course in "Psychological Sciences and Techniques - L24", preparatory to the training of future psychologists, in the area of training and evaluation of "Developmental Psychology".

### **Tutor Practical Evaluation Internship (TPV) Neuropsychology**

**Università degli Studi eCampus** [ 2 Dec 2023 – Current ]

City: Novedrate | Country: Italy | Website: <https://www.uniecampus.it>

University teaching activity with the role of tutor for the carrying out of the Practical Evaluation Internship (TPV) at the eCampus University for the students of the Degree Course in "Psychological Sciences and Techniques - L24", preparatory to the training of future psychologists, in the area of training and evaluation of "Neuropsychology".

### **Psychologist and Psychotherapist**

**Studio di Psicoterapia e Psicologia Pediatrica** [ 2020 – Current ]

Address: Via Antonio Gandusio, 40, 00168 Roma (Italy) | Website: <https://www.psicologiapediatrica.it>

Psychological counseling and psychotherapy activities for minors, parents, and families, addressing both typical and atypical developmental conditions. Implementation of interventions aimed at promoting child development, preventing and treating pediatric conditions in high-risk situations (such as premature birth), and addressing neurodevelopmental disorders. Includes assessment and enhancement of executive functions in children with attention deficits and self-regulation issues. Interventions focus on processing childhood traumas related to grief, accidents, abuse, and domestic violence, addressing symptoms of behavioral disorders, anxiety, depression, and relational problems. Utilizes innovative methods such as EMDR therapy, therapeutic play (EMDR Sandtray and EMDR Play Therapy), and parent support sessions. Provides psychological counseling and support for parental couples, with a particular emphasis on evaluating and treating psychosomatic and behavioral disorders. Conducts psychoeducation, parent training, and parental support interventions, designing personalized pathways for children with typical and atypical development.

### **Psychologist and Psychotherapist**

**Metaforicamente - Studio di Psicoterapia e Psicologia Clinica** [ 2020 – Current ]

Address: Via Antonio Gandusio, 40, 00168 Roma (Italy) | Website: <https://www.metaforicamente.it>

Psychotherapeutic treatment of psychological disorders in adulthood related to: difficulties in relational and family contexts; grief processing; trauma processing; psychosomatic issues; health anxiety and hypochondria; difficulties related to physical health; anxiety disorders; panic attacks and acute anxiety; obsessive-compulsive disorder; emotional dependency; paranoid personality disorder; stress management; depression and mood-related issues; irrational fears causing significant anxiety (phobias); LGBTQIA+ related challenges; enhancement of self-esteem; personal growth journeys; work-related difficulties; psychological challenges related to expatriation; adjustment difficulties.

### **Freelance Consultant at the Department of Mechanical and Aerospace Engineering**

**apienza University of Rome** [ May 2024 – Feb 2025 ]

Address: Via Eudossiana, 18, 00184 Roma (Italy) | Website: <https://www.dima.uniroma1.it/dima/>

- Development and analysis of user interface requirements for telecommunication and remote technical support services aimed at elderly users and individuals with neurodegenerative conditions.
- Definition of guidelines for designing accessible and inclusive interfaces, with a focus on reducing cognitive load and adapting to user needs.
- Review of scientific literature and analysis of best practices in digital accessibility (WCAG, ISO standards).
- Conducting interviews with neuropsychology and elderly care experts, as well as focus groups with caregivers and industry professionals.
- Development of preliminary prototypes and usability testing on a representative sample of users.
- Contribution to scientific publications on related topics.

## Guest Editor – Special Issue "Advanced Applications of Brain–Computer Interfaces in Neuroscience"

*MDPI – Brain Sciences* [ Jan 2024 – Sep 2024 ]

City: Basel | Country: Switzerland | Website: <https://www.mdpi.com/journal/brainsci>

- Coordination of the publication of scientific articles in the field of brain-computer interfaces applied to neuroscience.
- Review and selection of contributions in collaboration with the editorial board.
- Supervision of the peer-review process and interaction with authors and reviewers to ensure the scientific quality of publications.

### Principal Investigator

*Sapienza University of Rome* [ Nov 2022 – Apr 2024 ]

Address: Piazzale Aldo Moro, 5, 00185 Rome (Italy)

Principal investigator of the project "CARS - Cognitive Attitudes Related to Smart Mobility," funded by Sapienza University of Rome within the framework of the "Research Initiation Projects - 2022." The project evaluates the cognitive processes underlying the decision-making modes that lead individuals to make sustainable choices in both domestic and urban environments.

### Psychologist

*ENPAP - Ente Nazionale di Previdenza ed Assistenza per gli Psicologi* [ 1 Oct 2022 – 31 Dec 2023 ]

Address: Via Andrea Cesalpino, 1, 00161 ROMA (Italy)

ENPAP Fellow for the project "Living Better - Promoting access to psychological therapies for anxiety and depression." Providing psychological support and cognitive-behavioral counseling interventions aimed at the population across Italy experiencing symptoms of anxiety and depression.

### School psychologist for the project: "Fermiamo il bullismo! Promuovere le competenze sociali!"

*Comprehensive Institute "Raffaello"* [ 4 Dec 2022 – 27 Jan 2023 ]

Address: Via Giuseppe Capograssi, 23, 00173 Rome (Italy)

Project to combat the phenomenon of bullying and cyberbullying. Psychoeducational interventions aimed at enhancing the knowledge of pupils, teachers and parents on the dangers and risks associated with this phenomenon; interventions aimed at promoting pro-social skills.

### Training internship in Psychotherapy (150 hours)

*S. Andrea University Hospital* [ 1 Mar 2022 – 12 Dec 2022 ]

Address: Via di Grottarossa, 1035/1039, 00189 Roma (Italy)

Practical application of the skills acquired during the Specialization in Systemic Relational Psychotherapy (4th year): administration of psychological tests; evaluation interviews; psychological support; parenting support; co-management of groups; indirectly supervised psychotherapy; drafting of medical records; participation in team meetings.

### Training internship in Psychotherapy (150 hours)

*S. Andrea University Hospital* [ 1 Jun 2021 – 2 Dec 2021 ]

Address: Via di Grottarossa, 1035/1039, 00189 Rome (Italy)

Practical application of the skills acquired during the Specialization in Systemic Relational Psychotherapy (3rd year): administration of psychological tests; evaluation interviews; psychological support; parenting support; co-management of groups; supervised psychotherapy; drafting of medical records; participation in team meetings.

### Research fellow in Clinical Psychology

*Sapienza University of Rome* [ 31 May 2021 – 30 Dec 2021 ]

Address: Piazzale Aldo Moro, 5, 00185 Rome (Italy) | Website: <https://www.uniroma1.it>

Research topic: "Study, design and proof of human-robot interactions in therapeutic applications and for remote psychological support".

### **Training internship in Psychotherapy (150 hours)**

**Liberté Onlus Association** [ 17 Sep 2020 – 20 Dec 2020 ]

**Address:** Via Ugo de Carolis, 87, 00136 Roma (Italy)

Practical application of the skills acquired during the Specialization in Systemic Relational Psychotherapy (2nd year): conducting clinical interviews, individual and group psychotherapy sessions, use of cognitive and intervention techniques and tools aimed at patients staying in the semi-residential structure that welcomes people with problems related to various forms of addiction (food, emotional, substance, etc.).

### **Support Educator (SISMIF)**

**Meta social cooperative** [ 13 Jan 2020 – 30 May 2021 ]

**Address:** Via G. Botero 16/a, 00179 Roma (Italy) | **Website:** <https://meta.coop/> | **Name of unit or department:** Education - **Business or sector:** Human health and social work activities

SISMIF (Service for Integration and Support for Minors in the Family)

Interventions at home for juveniles in families with socio-environmental difficulties in order to allow the minor to remain in his/her home environment, as well as to improve the psychological well-being of in the family context.

### **Teacher trainer**

**Renova Consulenza** [ 13 Jun 2019 – 12 Feb 2020 ]

**Address:** Via Rocca Brancaleone, 114, 48121 Ravenna (Italy) | **Website:** [www.renovaconsulenza.com](http://www.renovaconsulenza.com) | **Name of unit or department:** MIUR - **Business or sector:** Education

Teacher trainer responsible for online courses accredited to the Italian Ministry of Instruction, University and Research:

List of courses held:

- Specific Learning Disorders and School Difficulties;
- The Learning Environments;
- Reading, studying, growing, promoting literature;
- Intercultural pedagogy;
- Innovative teaching: transversal teaching skills;
- The game is not a game: look at the game from a pedagogical point of view;
- Burnout in teachers: techniques and strategies to prevent and monitor stress;
- Silence: let's make theater! - Group communication and management.

### **Training internship in Psychotherapy (150 hours)**

**"Policlinico - Vittorio Emanuele" University Hospital** [ 19 Jul 2019 – 30 Oct 2019 ]

**Address:** Via Plebiscito, 628, 95124 Catania (Italy) | **Name of unit or department:** Psychology service - **Business or sector:** Human health and social work activities

Practical application of the skills acquired during the Specialization in Systemic Relational Psychotherapy (1st year): administration of psychological tests; evaluation interviews; psychological support; parenting support; group co-management; drafting of medical records; participation in team meetings.

### **Support Educator (ASACOM)**

**Social Cooperative A.S.A.R.** [ Nov 2017 – Dec 2019 ]

**Address:** Via Cestai 13, 95131 Catania (Italy) | **Name of unit or department:** Education - **Business or sector:** Human health and social work activities

Support educator in the classroom at school, working with children having physical disabilities, sensory impairments, speech and language difficulties, learning difficulties, intellectual disabilities, or conditions such as autism, social, emotional and mental health needs.

## Educator

**Airone Onlus** [ Jun 2019 – Jul 2019 ]

**Address:** Via della Regione 39, 95037 San Giovanni La Punta (CT) (Italy) | **Name of unit or department:** Education - **Business or sector:** Human health and social work activities

Resident psycho-educative support in a specialized housing community for minors for whom the Juvenile Judicial Authority has issued administrative procedures.

## Psychologist and educator in special educational needs

**AL.MÈ. Altro Metodo per l'Autonomia nello Studio** [ 2 Sep 2018 – 29 Jun 2019 ]

**Address:** Via Roccaromana 5, 95124 Catania (Italy) | **Name of unit or department:** Education - **Business or sector:** Human health and social work activities

Voluntary activity as a psychologist and educator to manage and plan psycho-educative or rehabilitation activities for children and young people with Special Educational (BES), in particular with minors who have Specific Learning Disorders (DSA), Attention Deficit and Hyperactivity Disorder (ADHD) and mild intellectual disability.

## Pediatric Psychologist training internship (600 hours)

**"Policlinico - Vittorio Emanuele" University Hospital** [ 19 Oct 2018 – 30 Mar 2019 ]

**Address:** Via Plebiscito, 628, 95124 Catania (Italy) | **Name of unit or department:** Psychology service - **Business or sector:** Human health and social work activities

Practical application of the skills acquired during the II level University Master's Degree in "Pediatric Psychologist: a basic psychologist in the maternal and child field": managing developmental reading models in the presence of pediatric pathology; manage assessment and evaluation processes in pediatric conditions; manage the psychological and psychoeducational intervention in pediatric conditions according to the model of psychological rehabilitation/habilitation; management of the clinical evolutionary method and of reference techniques and tools, from group words, from interviews to counselling; management of psychological and psychoeducational planning with reference to intervention in pediatric, perinatal, neonatal conditions; management of the field with which each condition present in the maternal and child is identified; management of reception models; management of professional integration procedures; management of models and procedures within the maternal and child department.

## Educator

**Non-governative association (ONLUS) Talità Kum** [ 31 May 2016 – 19 Jul 2016 ]

**Address:** Viale Moncada 2, 95121 Catania (Italy) | **Website:** <http://www.talitakumcatania.info/> | **Name of unit or department:** Education - **Business or sector:** Human health and social work activities

Trainer and teacher in recreational-educational workshops on perception, optical illusions and games cognitive, aimed at the development and strengthening of :

- executive functions (attention, concentration, action planning, logical-temporal sequence, etc.);
- social skills (respect and sharing of rules, respect for others, respect for shifts, conflict management, etc.);
- personal skills (critical sense, creativity, imagination, sense of self-efficacy, etc.).

## Postgraduate internship (500 hours)

**"Villa Sant'Antonio" Assisted therapeutic community** [ 14 Sep 2015 – 14 Mar 2016 ]

**Address:** Via Lavina 129, 95025 Aci Sant'Antonio (CT) (Italy) | **Name of unit or department:** Psychology - **Business or sector:** Human health and social work activities

Practical application of the skills acquired during the Master's Degree in Psychology, at the assisted therapeutic community "Villa Sant'Antonio" for adults with psychiatric disorders: assistance in neuropsychological evaluations; scoring/correction of evaluation scales and tests; participation in the diagnostic process; attendance at team meetings; participation in the organization and implementation of prevention activities; preparation of individual and group rehabilitation projects conducting psychological interviews; administration of psychodiagnostic tests.

## Postgraduate internship (500 hours)

**Sicilian Rehabilitation Consortium (C.S.R.)** [ 14 Mar 2015 – 14 Sep 2015 ]

**Address:** Via Don Giovanni Minzoni 13, 95123 Catania (Italy) | **Website:** <http://www.csraias.it> | **Name of unit or department:** Psychology - **Business or sector:** Human health and social work activities

Practical application of the skills acquired during the Master's Degree Course in Psychology, at the Sicilian Rehabilitation Consortium (C.S.R.) which is aimed at children with pathologies and syndromes of neuromotor or genetic origin or who present diagnostic pictures with neurodevelopment disorders: evaluation assistance neuropsychological; scoring/correction of evaluation scales and tests; participation in the diagnostic process; attendance at team meetings; participation in the organization and implementation of prevention activities; preparation of individual rehabilitation projects; administration of psychodiagnostic tests; development testing and cognitive testing; interviews with family members of the clients.

## EDUCATION AND TRAINING

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### PhD in Behavioral Neuroscience

**Department of Psychology Sapienza University of Rome** [ 31 Dec 2021 – Current ]

**Address:** Via dei Marsi, 78, 00185 Roma (Italy) | **Website:** [www.uniroma1.it](http://www.uniroma1.it) | **Field(s) of study:** Behavioral Neuroscience

### 2nd level University Master in Organizational Health Psychology: theories, tools, and methodologies for assessing work-related stress risk

**Università degli Studi Niccolò Cusano** [ Nov 2024 – Current ]

**Address:** Via Don Carlo Gnocchi, 3, 00166 Roma (Italy) | **Website:** <https://www.unicusano.it>

One-year program (1500 hours, 60 ECTS) aimed at acquiring advanced skills in organizational health management and work-related stress prevention through an interdisciplinary and practical approach. Developed competencies include:

- Knowledge of health and safety regulations: In-depth understanding of European and national legislation, focusing on employers' obligations and the definition of health as a "state of physical, mental, and social well-being."
- Work and organizational psychology: Analysis of work-related stress, burnout, and mobbing; design of preventive and corrective interventions to improve well-being in organizational contexts.
- Social and clinical psychology: Study of group dynamics, psychosocial factors related to stress, and the continuum between normality and pathology to understand the effects of stress on individual and organizational well-being.
- Business organization: Insights into organizational structures, their relationship with the economic context, and implications for organizational health.
- Data analysis techniques: Use of standardized tools (tests and questionnaires) for assessing risks and stress factors within organizations.
- Labor law: Legal expertise focused on workers' rights, stress prevention, and the application of regulations in organizational settings.
- General psychology: Exploration of personality, emotions, and mechanisms of adaptation to environmental stressors.
- Practical project work: Development of intervention projects aimed at reducing work-related stress risks and promoting organizational well-being.
- Work-related stress risk assessment and management: Identification of psychosocial dimensions preceding stress and their effects on workers and organizations.
- Preventive and corrective interventions: Development of strategies to mitigate risks related to stress, mobbing, and burnout.
- Consulting and expert activities: Applications in civil, criminal, and labor law, including consultancy for the judiciary and preparation of extrajudicial opinions.
- Promotion of organizational well-being: Implementation of programs to prevent and manage stress in the workplace.



## Certified Level II EMDR Psychotherapist for Children and Adolescents

*PESI Italia s.r.l.* [ 9 Mar 2025 ]

Address: Via del Baluardo 19, 00048 Nettuno (RM) (Italy) | Website: <https://formazionecontinuaainpsicologia.it/>

Advanced Training in the EMDR Protocol for Developmental Age, with Specific Adaptations for Symptoms and Complex Disorders

The course integrates theoretical models of attachment, neuroscience, epigenetics, and the AIP model.

*Skills Acquired:*

- Identification of therapeutic targets for children and parents.
- Application of EMDR protocols for attachment trauma, individual and relational resources.
- Clinical intervention on shame and Interpersonal Motivational Systems (IMS).
- Strategies for recognizing and treating symptoms from an evolutionary perspective.
- Symptom management within the family context.
- Stabilization techniques and management of dissociation in developmental age.

## Introductory Course on Animal-Assisted Interventions (IAA)

*ASL Roma 4* [ 24 Jan 2025 ]

Address: Via Terme di Traiano, 39/A, 00053 Civitavecchia (RM) (Italy) | Website: <https://www.aslroma4.it>

Activity Coordinator in Animal-Assisted Interventions (IAA).

Course Content:

- Fundamentals and characteristics of the human-animal relationship
- History and introduction to Animal-Assisted Interventions (IAA)
- Definition of AAA (Animal-Assisted Activities), EAA (Animal-Assisted Education), and TAA (Animal-Assisted Therapy)
- National and international guidelines and regulations, with a focus on animal welfare
- Roles and responsibilities of professionals involved in IAA
- The multidisciplinary team in animal-assisted interventions
- Characteristics of target users and operational settings in IAA

## 2nd level University Master in School Psychology

*Università degli Studi Niccolò Cusano* [ 12 Nov 2024 ]

Address: Via Don Carlo Gnocchi, 3, 00166 Roma (Italy) | Website: <https://www.unicusano.it>

Advanced training in the field of psychology applied to the educational context.

- Educational psychology: In-depth understanding of the history of educational psychology and the evolution of the school psychologist's role. Focus on the roles and functions of psychologists in educational settings, with an emphasis on educational legislation and professional ethics.
- Developmental psychology, life cycle, and attachment theory: examination of human development theories and models, analyzing developmental stages throughout life and the origins of developmental psychology. Exploration of the transition from developmental psychology to life cycle psychology, with a focus on deterministic and unicausal models.
- Educational psychology: detailed study of learning theories foundational to educational processes, including cognitivist, constructivist, and behaviorist theories. Overview of major schools of thought and their key contributors.
- Goal-oriented pedagogy and care pedagogy: exploration of goal-oriented pedagogy, including techniques for observation, communication, and empathetic listening. Examination of care pedagogy and case management, including parent training as a tool for engaging families in the educational process.
- Special pedagogy: historical and legislative dimensions of special pedagogy, analysis of the principle of integration and inclusion in the Italian educational experience, and challenges related to complexity in special education.
- Promotion and facilitation of learning: skills in managing cognitive styles and study methods, with a focus on metacognitive teaching and cooperative learning. Support for students with special educational needs, including strategies for addressing learning disorders.

- Listening and guidance services: training in welcoming students, parents, and teachers, facilitating relationships with students, and promoting a positive classroom climate. Analysis of teaching and learning styles, as well as consulting for educators.
- Prevention and health promotion programs: prevention of psychosocial distress, risk behaviors, bullying and cyberbullying, gender violence, and teacher burnout. Tools for implementing effective prevention programs and promoting health and well-being within the school community.

## Advanced training course in "Application of Schema Therapy for developmental age in externalizing disorders"

*Scuola di Psicoterapia Cognitiva* [ 4 Oct 2024 ]

Address: Viale Castro Pretorio, 116 00185, Rome (Italy) | Website: [www.apc.it](http://www.apc.it)

- Advanced skills in Schema Therapy for Children and Adolescents (ST-BA), an adaptation of the Schema Therapy psychotherapeutic model.
- Ability to conceptualize clinical cases with externalizing disorders using the Mode Sketch, a graphical representation of the patient's mental states.
- Application of therapeutic techniques such as Limited Reparenting, Imagery with Rescripting, and the Two-Chair Technique for treating externalizing disorders in developmental age.
- Experience in the therapeutic management of cases involving aggression, conduct problems, and emotional dysregulation.

## Certified Level I EMDR Psychotherapist for Children and Adolescents

*PESI Italia s.r.l.* [ 15 Sep 2024 ]

Address: Via del Baluardo 19, 00048 Nettuno (RM) (Italy) | Website: <https://www.pesi.com>

Advanced Level II Training in EMDR (Eye Movement Desensitization and Reprocessing) for Children and Adolescents:

- EMDR Protocol in Developmental Age: Development of the therapeutic plan, conducting preliminary interviews with parents (trauma history, attachment, child's resources).
- Work with Parents: Reprocessing parental memories through EMDR and their impact on the child, explaining the EMDR model to parents.
- Post-Traumatic Stress in Children: Clinical observations and manifestations, understanding the impact of trauma on development.
- Interview with the Child: Case history, case conceptualization, explaining the brain to the child, relaxation techniques and resource installation (Safe Place).
- Advanced Stages of the EMDR Protocol: Stimulation methods (eye movements, butterfly hug, tapping, drawing), managing therapeutic blocks.

## Advanced course in Psychoeducational Intervention in Schools

*Giunti Psicologia.io S.r.l.* [ Aug 2024 ]

Address: Via Fra' Paolo Sarpi 7/A, 50136 | Website: [www.psicologia.io](http://www.psicologia.io)

Advanced training in Psychoeducational Intervention in Schools. Specialized preparation in managing emotional, behavioral, and learning issues within educational settings. Cognitive-behavioral approach, applied to child development, integrated with strategies to effectively transfer therapeutic methodologies into the school environment. Promotion and establishment of a psychoeducational alliance between therapist and teacher, facilitating the implementation of targeted interventions directly in the classroom to enhance students' well-being and learning.

Key competencies acquired:

- **Development of psychoeducational alliances:** Establishing and maintaining effective collaborations between clinicians and teachers; building and managing psychoeducational alliances to facilitate classroom interventions.
- **Observation and functional analysis:** Organizing and conducting occasional and systematic observations in school contexts; functional analysis of behaviors and emotional dynamics in the classroom.
- **Intervention on antecedents and consequents:** Developing and applying strategies to address antecedents and consequents in the classroom; implementing intervention tools to modify behaviors and improve the educational environment.



- **Management of emotional and relational aspects:** Applying techniques to address emotional, motivational, and relational issues in the classroom; designing interventions to enhance peer relationships.
- **Promotion of cooperative learning:** Designing and facilitating cooperative learning experiences to promote group work and social skills.
- **Development of intervention projects:** Creating and implementing projects to address learning, behavioral, and emotional issues; integrating psychoeducational interventions in the classroom to meet students' specific needs.
- **Evaluation of intervention effectiveness:** Implementing tools for monitoring and evaluating the effectiveness of psychoeducational interventions.

## **Advanced course in Parent Training: psychotherapeutic intervention with children and adolescents mediated through parental counseling**

*Giunti Psicologia.io S.r.l.* [ Aug 2024 ]

Address: Via Fra' Paolo Sarpi 7/A, 50136 Firenze (Italy) | Website: [www.psicologia.io](http://www.psicologia.io)

Advanced training in Cognitive-Behavioral Parent Training for developmental disorders.

This training emphasized the importance of parental involvement in the therapeutic process, providing skills to activate and manage effective psychoeducational alliances. It focused on guiding parents in conducting systematic observations, using tools to address antecedents and consequences, and managing their child's emotional and relational aspects.

Key competencies acquired:

- Development of psychoeducational alliance: ability to establish and maintain a psychoeducational alliance between parents and teachers, essential for the success of the treatment.
- Observation and analysis: skills in guiding parents in conducting both occasional and systematic observations and in performing functional analysis of their child's behaviors.
- Intervention on antecedents and consequences: competence in teaching parents to use tools to address behavioral antecedents and consequences, improving daily management of their child.
- Management of emotional and motivational aspects: training in supporting parents in addressing and intervening on their child's emotional, motivational, and relational aspects.
- Evaluation of effectiveness: ability to guide parents in assessing the effectiveness of applied interventions and adapting strategies.
- Cognitive-Behavioral intervention strategies: knowledge of key cognitive-behavioral strategies used in parent training, including innovative approaches such as third-generation behaviorism.
- Training and problem-solving: capability to teach educational strategies and facilitate problem-solving, focusing on cognitive and emotional aspects of behavior.
- Emotional management and helping relationship: skills in emotional regulation and building an effective helping relationship during parent training, both in individual and group clinical settings.

## **Advanced course in emotional disorders in childhood and adolescence: cognitive-behavioral intervention**

*Giunti Psicologia.io S.r.l.* [ Aug 2024 ]

Address: Via Fra' Paolo Sarpi 7/A, 50136 Firenze (Italy) | Website: [www.psicologia.io](http://www.psicologia.io)

Specialized competencies in the treatment of emotional disorders in developmental age:

- Identification and description of psychopathological conditions: recognize and describe various psychopathologies that manifest during developmental age.
- Recognition of risk factors: identify personal and environmental risk factors, and understand the impact of traumatic events on minors.
- Implementation of intervention techniques: apply psychological practices and techniques to support the recovery of minors with psychopathological disorders.
- Development of intervention programs: create programs that integrate various resources, distinguishing between short-term goals (improving family quality of life), medium-term goals (preventing symptom chronicization and reducing the impact of disorders on developmental trajectories), and long-term goals (preventing personality disorders and promoting existential fulfillment).

- ACT (Acceptance and Commitment Therapy) method: advanced understanding of the ACT method and its applications.
- Functional contextualism: study of functional contextualism and its therapeutic implications.
- Fears and token economy: utilization of techniques for managing fears and implementing token economy systems.
- Self-Observation and reinforcement: techniques for self-observation and strategies for positive reinforcement.
- Standard Cognitive-Behavioral strategies: application of standard cognitive and behavioral strategies.
- Defusion exercises: practice of defusion exercises for emotional management.
- Esaflex and emotion thermometers: use of specific techniques such as Esaflex and emotion thermometers for emotional regulation.
- Cognitive-Behavioral strategies in emotional disorders: analysis of case studies and application of strategies to practical situations.

## **Advanced Course in Schema Therapy for children and adolescents exposed to deprivation and traumatic emotional abuse**

*PESI Italia s.r.l.* [ Jul 2024 ]

City: Nettuno (RM) | Country: Italy | Website: <https://www.pesi.com>

Advanced training in the application of Schema Therapy, developed by Jeffrey Young, integrated for the therapy of children and adolescents, with a focus on contexts of emotional deprivation and abuse.

Key topics covered and competencies acquired:

- Understanding the foundations of Schema Therapy: learn the conceptual model of Schema Therapy, including schemas, modes, and coping strategies. Recognize the role of basic emotional needs and their impact during different developmental stages. Use diagnostic tools such as projective methods to identify maladaptive schemas and modes.
- Application of therapeutic techniques and strategies: create a "mode sketch" to visually represent different therapeutic modes. Use the "case conceptualization" technique to structure and direct therapeutic interventions. Apply play therapy techniques with finger puppets to work with modes in children and adolescents.
- Management of interventions for vulnerable children and adolescents: work with vulnerable children and adolescents, identifying and addressing their specific emotional needs. Use the "Clever-and-Wise" model and resource modes to support minors. Apply psychoeducational intervention models to help children and adolescents integrate traumatic experiences and develop a new self-concept.

## **Advanced course in Acceptance and Commitment Therapy (ACT) model and interventions**

*Scienze Cognitive Ecomind casa editrice* [ Jan 2024 ]

Address: Via P. Sichelgaita, 48, 84125 Salerno (Italy)

Advanced training in the principles and techniques of Acceptance and Commitment Therapy (ACT), a third-generation approach in Cognitive Behavioral Therapy.

Key competencies acquired and topics covered:

- Understanding the theoretical foundations of ACT: delve into the epistemological principles of ACT and the model of psychological flexibility. Explore functional contextualism and Relational Frame Theory (RFT), including the foundations and transformations of RFT. Analyze the concepts of pliance, tracking, and augmenting, and their application in psychotherapy.
- Application of therapeutic Strategies: Use the matrix as a visual tool to conduct therapeutic interventions. Construct and apply the matrix for intervention conceptualization. Manage psychopathology through specific intervention strategies.
- Use of intervention tools and techniques: Implement therapeutic strategies based on the three areas of intervention. Apply hexaflex techniques and associated processes. Use practical tools such as discriminative stimulus, verbal rules, and augmental tracking ABC.
- Development of practical skills: Integrate different psychotherapeutic approaches through the use of the matrix, facilitating the understanding and execution of interventions.

## Advanced course in Rational Emotive Behavioral Therapy – REBT

*Scienze Cognitive Ecomind casa editrice* [ Dec 2023 ]

Address: Via P. Sichelgaita, 48 84125, Salerno (Italy)

Comprehensive training in the principles, techniques, and applications of Rational Emotive Behavior Therapy (REBT)

Key topics and knowledge acquired:

- Understanding the fundamental principles of REBT: analyze the concepts of rationality and cognition within REBT. Apply the ABC model of emotion to understand and modify dysfunctional thoughts. Identify and address the core categories of irrational thinking.
- Application of intervention techniques: use psychoeducational techniques to explain the relationship between thought and emotion. Implement cognitive disputation strategies, empirical, logical, and functional argumentation. Apply techniques of rational reframing and unconditional acceptance. Utilize imaginative techniques such as covert reinforcement and rational emotive imagery, both negative and positive. Develop and manage a treatment plan, including homework assignments.
- Develop and manage therapeutic interventions: structure the REBT intervention based on the ABC model of emotion. Define therapeutic goals and reconstruct the patient's problems using deductive hypotheses. Manage the therapeutic relationship and address meta-problems.

## Advanced course in Cognitive-Behavioral Play Therapy for children and adolescents

*Giunti Psicologia.io S.r.l.* [ Nov 2023 ]

Address: Via Fra' Paolo Sarpi 7/A, 50136 Firenze (Italy) | Website: <https://www.psicologia.io/>

Solid foundation in Cognitive Behavioral Play Therapy, enabling targeted and integrated interventions that address the developmental needs of children and support their psychological well-being.

Key skills acquired include:

- Application of Cognitive Behavioral Play Therapy: utilize play as a therapeutic tool to address emerging psychological distress in children, including preschoolers. Adopt structured and unstructured play approaches to help children understand the world, improve relationships, and tackle difficulties.
- Therapeutic intervention techniques: implement specific play activities to teach alternative and problem-solving behaviors to children. Facilitate moments of unstructured play to encourage free expression and the learning process.
- Parental involvement and collaboration: Conduct sessions with parents to monitor the child's progress and gather feedback. Guide parents in applying techniques learned during therapy to support the child's continuous improvement outside of therapy sessions.
- Therapist skill development: Train and refine personal skills in direct engagement with the child during the therapeutic process. Integrate play strategies into clinical practice to create an effective therapeutic environment tailored to the child's individual needs.

## Specialization course in biofeedback and neurofeedback: clinical applications and treatment protocols

*University of Padova* [ Nov 2022 ]

Address: Via VIII Febbraio, 2, 35122 Padova. (Italy) | Website: <https://www.scup.unipd.it>

Biofeedback:

- In-depth knowledge of the scientific basis of biofeedback and of the main clinical applications;
- Basic knowledge and skills for the correct detection and recording of the main physiological indices (heart rate, muscle tone, electroencephalogram);
- Perform a psychophysiological assessment in the context of anxiety disorders, stress and chronic pain;
- Set up and organize a session and a biofeedback training;
- Set up and organize biofeedback training for the management of anxiety - stress and for the treatment of chronic pain.

Neurofeedback:

- Neuropsychological rehabilitation and treatment of patients with ADHD and other forms of deregulation;

- Neurofeedback for the reduction of anxious and depressive symptoms;
- Trauma treatment.

## Level II certified EMDR psychotherapist

**EMDR Europe Association and EMDR Italian Association** [ 19 Jun 2022 ]

Address: Via Umberto I, 65, 20814 Varedo (MB) (Italy)

### Advanced Level II training in EMDR (Eye Movement Desensitization and Reprocessing):

- Deepened and consolidated skills in applying the EMDR therapeutic approach in clinical practice.
- Focused on refining the eight phases of the standard EMDR protocol.
- Emphasized the development and installation of resources.
- Integrated cognitive interventions to address blocks, resistances, and difficulties in therapeutic processing.
- Applied EMDR protocol in the treatment of complex conditions such as addictions, eating disorders, borderline personality disorder, and panic disorder.
- Developed specific therapeutic strategies for complex post-traumatic disorders and phobia treatment.

## Level I certified EMDR psychotherapist

**EMDR Europe Association and EMDR Italian Association** [ 22 May 2022 ]

Address: Via Umberto I, 65, 20814 Varedo (MB) (Italy)

Treatment and processing of psychological trauma using the EMDR approach (Eye Movement Desensitization and Reprocessing):

- Developed skills in case history collection and therapeutic planning using the EMDR approach to structure a personalized treatment plan considering the patient's past, present, and future.
- Prepared patients through detailed explanations of the EMDR approach and psycho-education techniques.
- Established a "safe place" to help create a trustworthy therapeutic environment.
- Mastered the eight phases of EMDR treatment, including accessing traumatic memories, desensitization, installing positive cognitions, and body scanning.
- Applied the EMDR protocol for children and in cases of grief.

## Specialization in Psychotherapy

**Centro Studi di Terapia Familiare e Relazionale** [ 26 Sep 2023 ]

Address: Via Lovanio 11, 00198 Roma (Italy) | Website: <https://www.cstfr.org> | Field(s) of study: Social sciences, journalism and information: • Psychology | Level in EQF: EQF level 8

Four-year training in systemic-relational family psychotherapy

Theoretical and practical preparation in the following areas:

- Clinical diagnostics: in-depth study of diagnostic techniques to assess the psychological conditions of individuals and families.
- Elements of psychotherapy: study of various therapeutic modalities and techniques applicable in diverse clinical contexts.
- General and developmental psychopathology: understanding psychopathological manifestations in children, adolescents, and adults.
- General and developmental psychology: exploration of fundamental psychological theories and developmental dynamics from childhood to adulthood.
- Theory and methodology of clinical psychology: analysis of clinical intervention methods and underlying theories.
- Family and systemic relational psychotherapy: development of skills in systemic intervention with families, addressing complex relational dynamics.
- Psychoanalytic and cognitive-behavioral psychotherapy: integration of different therapeutic approaches for treating various psychological disorders.
- Psychotherapy for substance abuse and psychotic disorders: specific techniques for treating addictions and psychotic conditions.
- Childhood and adolescent psychotherapy: therapeutic strategies tailored to young people, considering their specific developmental needs.
- Couple psychodynamics and intervention techniques: approaches to understanding and intervening in couple dynamics.

- Psychotherapy for psychosomatic disorders: treatment of conditions where physical symptoms are influenced by psychological factors.
- Family therapy techniques: tools for working with families to improve communication and relationships.
- Management of multiproblem families, abuse, and maltreatment: approaches to dealing with complex situations of maltreatment and abuse.
- Theory and techniques of institutional analysis: study of psychological intervention within organizations and institutions.
- Psychological intervention techniques in institutions: application of psychological strategies in various institutional contexts.

### Scientific Collaborator

**Sapienza University of Rome** [ Oct 2019 – Current ]

**Address:** Via Ariosto 25, 00185 Roma (Italy) | **Website:** [www.diag.uniroma1.it](http://www.diag.uniroma1.it) | **Field(s) of study:** Social sciences, journalism and information: • Psychology • Social and behavioural sciences not elsewhere classified ; Health and welfare: • Therapy and rehabilitation

Collaborator of the research group of Prof. Christian Napoli with the Department of Computer, Control and Management Engineering "Antonio Ruberti" of Sapienza University of Rome.

### Scientific Collaborator

**University of Catania** [ Jan 2019 – Current ]

**Address:** Piazza Università 2, 95131 Catania (Italy) | **Website:** [www.unict.it](http://www.unict.it) | **Field(s) of study:** Social sciences, journalism and information: • Psychology • Social and behavioural sciences not elsewhere classified ; Health and welfare: • Therapy and rehabilitation

Collaborator of the research group of Prof. Giacomo Capizzi with the Department of Electrical, Electronics and Computer Engineering of University of Catania.

### Scientific collaborator

**Silesian University of Technology** [ 16 Jun 2019 – 9 Oct 2019 ]

**Address:** ul. Akademicka 2A, 44-100 Gliwice (Poland) | **Website:** <https://www.polsl.pl/> | **Field(s) of study:** Natural sciences, mathematics and statistics: • Inter-disciplinary programmes and qualifications involving natural sciences, mathematics and statistics ; Social sciences, journalism and information: • Psychology • Social and behavioural sciences not elsewhere classified

Collaborator of the research group of Prof. Marcin Wozniak with the Institute of Mathematics of Silesian University of Technology, Poland.

### Course for ABA behavior technician

**Udemy Training Center** [ Aug 2019 ]

**Address:** 600 Harrison St., 94107 San Francisco, CA (United States) | **Website:** <http://www.udemy.com> | **Field(s) of study:** Social sciences, journalism and information: • Psychology

### 2nd level University Master in Pediatric Psychology

**University of Palermo** [ 12 Jun 2019 ]

**Address:** Piazza Marina 61, 90133 Palermo (Italy) | **Website:** [www.unipa.it](http://www.unipa.it) | **Field(s) of study:** Social sciences, journalism and information: • Psychology | **Level in EQF:** EQF level 8 | **Type of credits:** ECTS (CFU) | **Number of credits:** 60 | **Thesis:** The Pediatric Psychologist in the hospitalization experience

Advanced preparation in pediatric psychology, with specific skills in the diagnosis and management of developmental disorders in prenatal, perinatal, childhood, and adolescent stages. The training included managing developmental models in pathological conditions, implementing psychological and psychoeducational interventions, and designing rehabilitation programs. Gained solid expertise in collaborating with health and social services, supporting parenting, and integrating resources to improve the quality of life for patients and their families.

Key topics addressed and skills acquired:

- Basic knowledge:
  - In-depth understanding of fundamental constructs in Pediatric Psychology.

- Knowledge of methodological approaches for evolutionary-clinical intervention in prenatal, perinatal, childhood, and adolescent stages.
- Understanding the relationship between Pediatric Psychology and Child Neuropsychiatry.
- Ethical and legal aspects of psychological intervention in developmental stages.
- Management models for the family system in the presence of neonatal and pediatric pathologies.
- Strategies for psychological support and rehabilitation and development of resilience.
- Technical-professional skills:
  - Management of developmental assessment models in the presence of pediatric pathology.
  - Implementation of assessment and evaluation processes in pediatric conditions.
  - Execution of psychological and psychoeducational interventions according to rehabilitation and habilitation models.
  - Use of clinical techniques and tools, including interviews and counseling.
  - Design and management of psychological and psychoeducational interventions in pediatric, perinatal, and neonatal conditions.
  - Integration of psychological support with healthcare personnel and other services.
  - Management of reception models and professional integration procedures.
  - Home accompaniment in cases of chronic illness, disability, and atypical birth.
  - Collaboration with corporate and territorial services for an effective support network.
- Cross-functional skills:
  - Diagnosis and management of developmental disorders induced by pathologies.
  - Prevention of developmental blackouts and support for development processes and protected discharge.
  - Parenting support in managing the development of their child with pathologies.
  - Integration and coordination between hospital, territorial, and home services.
  - Development of coping skills and creative adaptation for the child and family.
  - Ability to work in multidisciplinary teams and adopt a departmental perspective.
- Final project title:
  - "The Pediatric Psychologist in the Hospitalization Experience: Resources and Strategies for Transforming the Traumatic Experiences of the Child/Adolescent"

## Specialization course in bullying and cyberbullying

**University of Padova** [ 7 Apr 2018 ]

Address: Via VIII Febbraio, 2, 35122 Padova (Italy) | Website: <http://www.unipd.it>

The university training in Bullying and Cyberbullying provided an in-depth understanding of these phenomena, highlighting the distinctive characteristics and consequences for the well-being of young people involved. The course explored individual, group, school, and family variables that may increase the risk of participation in such behaviors. Additionally, this training offered the ability to critically analyze the most effective prevention and intervention strategies internationally, focusing on ecological-systemic approaches for intervention at various levels: community, school, family, and individual.

Key topics addressed and skills acquired:

- Understanding bullying and cyberbullying:
  - Definition and analysis of the characteristics and behaviors associated with bullying and cyberbullying.
  - Identification of the consequences for the well-being of the youth involved.
  - Evaluation of individual (socio-cognitive, emotional, motivational, moral), group-class, school, and family variables influencing the risk of involvement.
- Prevention and Intervention Strategies:
  - Application of the most effective international strategies for preventing and intervening against bullying.
  - Use of an ecological-systemic approach for interventions at different levels: community, school, classroom, family, and individual.

## Registration with the Order of Psychologists.

**Consiglio Nazionale Ordine Psicologi (CNOP)** [ 12 Sep 2017 - Current ]

Address: Piazzale di Porta Pia, 121, 00198 Roma (Italy) | Website: <https://www.psy.it>



## Qualification to practice the profession of Psychologist

*University of Messina* [ 31 Jul 2017 ]

Address: Piazza Pugliatti 1, 98122 Messina (Italy) | Website: <http://www.unime.it/>

## Master Degree in Psychology

*University Guglielmo Marconi* [ 11 Mar 2015 ]

Address: Via Plinio 44 , 00193 Roma (Italy) | Website: <http://www.unimarconi.it> | Field(s) of study: Social sciences, journalism and information: • Psychology | Level in EQF: EQF level 7 | Type of credits: ECTS (CFU) | Number of credits: 120 | Thesis: Juvenile deviance as a psychological symptom in modern societies: causes, treatments and prevention

## Bachelor Degree in Psychological Sciences and Techniques

*University Guglielmo Marconi* [ 12 Jun 2013 ]

Address: Via Plinio 44, 00193 Roma (Italy) | Website: <http://www.unimarconi.it> | Field(s) of study: Social sciences, journalism and information: • Psychology | Level in EQF: EQF level 6 | Type of credits: ECTS (CFU) | Number of credits: 180 | Thesis: Methodologies and strategies of prevention

## Diploma of Industrial Chief Technician (Specialization Computer Science - Abacus project)

*"Stanislaò Cannizzaro" State Industrial Technical Institute* [ 13 Jul 2006 ]

Address: Via Carlo Pisacane 1, 95122 Catania (Italy) | Website: <http://www.cannizzaroct.gov.it/> | Field(s) of study: Information and Communication Technologies: • Information and Communication Technologies (ICTs) not further defined | Level in EQF: EQF level 5

## LANGUAGE SKILLS

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**Mother tongue(s):** Italian

**Other language(s):**

### English

**LISTENING C2 READING C2 WRITING C2**

**SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## DIGITAL SKILLS

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Extensive users of LaTeX Gnuplot and Xmgrace / Video Conferencing (Zoom Cisco Webex Skype) / Online didactic platforms / Cloud-based collaborative tools / LibreOffice / Microsoft Office (Word Excel) / Programming languages C Python Matlab R

## COMMUNICATION AND INTERPERSONAL SKILLS

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### Communication Skills

- I demonstrate excellent teamwork skills, collaborating effectively to achieve common goals.
- I am able to easily adapt to multicultural environments, valuing diversity and promoting an inclusive climate.
- Excels in the art of communication, both verbal and non-verbal, facilitating clear and positive understanding.

### Organizational and management skills

- I demonstrate excellent skills in collaborating with multidisciplinary teams, integrating different perspectives to optimize results.
- Equipped with a remarkable sense of organization and time management, ensuring an efficient flow of activities and projects.

- I successfully lead groups through competent management, promoting team effectiveness and cohesion.
- I demonstrate strong organizational skills at an individual level, ensuring the timely achievement of personal objectives.

### **Professional skills**

- Excellent social services skills, offering targeted support to individuals, couples and families.
- Skilled in designing and managing training courses, ensuring effective and engaging learning.
- Specialized in the design and management of creative workshops, promoting the development of psychological objectives and innovative themes.
- Expert in psychological consultancy, offering targeted support through needs analysis and suitable interventions.
- I demonstrate excellent skills in psychoeducation, training and orientation, contributing to individual well-being and personal growth.

### **Soft skills**

- I demonstrate an excellent ability to solve complex problems, identifying innovative solutions and adopting analytical approaches.
- I effectively manage stressful situations, maintaining calm and mental clarity to face challenges with determination.
- Creative approach in problem solving and idea generation, contributing to innovation and diversification of perspectives.
- I am proactive in addressing challenges, anticipating needs and taking initiatives to improve processes and results.
- I successfully lead team members, inspiring confidence and motivating others to achieve common goals.
- I collaborate effectively with team members, contributing to the achievement of collective goals and creating a positive work environment.
- I am skilled at strategic planning, developing detailed plans and managing resources efficiently to ensure project success.
- I demonstrate strong organizational skills, ensuring structured management of activities and effective distribution of responsibilities.
- I successfully manage multiple tasks simultaneously, maintaining high standards of quality and productivity.
- I possess high emotional intelligence, understanding and managing personal and others' emotions effectively, contributing to more empathetic and collaborative relationships.

## **CONFERENCES AND SEMINARS**

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### **Training seminars**

"XXIX Congresso Associazione Italiana di Psicologia - Sezione Sperimentale"

Associazione Italiana di Psicologia | Via San Martino della Battaglia, 44, Roma (RM) | Presso Scuola Alti Studi Lucca (Italia)

Dal 18 al 20 settembre 2023

"Affrontare le sfide iniziali dell'EMDR. Dalla raccolta della storia sui traumi con la 'T' e 't' alle fasi del protocollo: come integrare l'EMDR nella propria pratica clinica" (Maria Zaccagnino)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB)

22 aprile 2023

"Psiconcologia pediatrica. Un approccio intra-psichico e familiare supportato da psicoterapia EMDR" (Caterina Paturzo)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB)

16 aprile 2023

"Gli elementi fondanti della psicoterapia EMDR" (Gabriella Giovanozzi, Enrico Zaccagnini)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB)

15 aprile 2023

"Trattamento EMDR nelle vittime di violenza di genere" (Dolores Mosquera)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB)

11 e 12 marzo 2023

"Le ferite dell'anima, il dolore del corpo: l'EMDR nell'intervento psicologico in psicosomatica e nelle malattie organiche gravi" (Elisa Faretta)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB)

18 febbraio 2023

"Integrazione della terapia EMDR in neuropsichiatria" (Massimo Ammaniti, Rossella Castaldo, Augusto Pasini)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB)

4 febbraio 2023

"Utilizzo dell'EMDR da remoto: sfide e opportunità" (Naomi Fisher)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB)

2 luglio 2022

### **Training seminars**

"22° Congresso Nazionale AIP: dopo la pandemia, la sfida per una medicina a misura della terza età".

Associazione Italiana di Psicogeriatricia | Riviera dei Mugnai, 8, 35137 Padova | Presso Palazzo dei Congressi Firenze (Italia)

dal 23 al 25 maggio 2022

"La moltiplicazione delle diagnosi, via maestra dell'emarginazione dei bambini" (Michele Zappella)

Istituto Europeo di Formazione e Consulenza Sistemica (IEFCoS) | Via Lovanio, 11, 00198 Roma RM

8 maggio 2021

"La psicoterapia del distacco. Dinamiche intrapsichiche, funzionamenti familiari e trattamento del lutto in terapia relazionale" (Sonia Di Caro)

Istituto Europeo di Formazione e Consulenza Sistemica (IEFCoS) | Via Lovanio, 11, 00198 Roma RM

20 giugno 2020

"Il modello dell'Accademia nel lavoro con i bambini e gli adolescenti" (Maurizio Andolfi)

Accademia di Psicoterapia della Famiglia | Via Antonio Bosio, 34, 00161 Roma RM

29 aprile 2020

"L'identikit dello psicoterapeuta" (Maurizio Andolfi)

Accademia di Psicoterapia della Famiglia | Via Antonio Bosio, 34, 00161 Roma RM

29 aprile 2020

"Diagnostica clinica, psicopatologia generale e dell'età evolutiva" (Luigi Cancrini)

Istituto Europeo di Formazione e Consulenza Sistemica (IEFCoS) | Via Lovanio, 11, 00198 Roma RM

17 gennaio 2020; 21 febbraio 2020; 20 marzo 2020; 24 aprile 2020; 22 maggio 2020

26 giugno 2020 - Roma (Italia)

"Sviluppo traumatico e disorganizzazione dell'attaccamento" (Matteo Selvini)

Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
8 e 9 novembre 2019

### **Training seminars**

"L'approccio sistemico-relazionale nel trattamento di casi di violenza o maltrattamento" (Rose Galante)  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
19 ottobre 2019

"La progettazione terapeutica"  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
28 settembre 2019

"Teorie e tecniche nel trattamento delle dipendenze: un approccio sperimentale di training edonico e potenziamento delle abilità emotive"  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
15 giugno 2019

"Il teatro e la psicoterapia: riflessioni e proposte pratiche per promuovere la costruzione della relazione terapeutica". (Marco Venturelli)  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
18 maggio 2019

"I conflitti genitoriali ed il loro impatto sui figli" (Marco Vannotti)  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
6 aprile 2019

"L'esperienza oncologica: vissuti personali e processi familiari tra paura e determinazione".  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
23 marzo 2019

"Prospettive sistemiche e scenari di complessità istituzionale nella terapia con adolescenti e famiglie"  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
16 febbraio 2019 - Catania (Italia)

"Le reti trigenerazionali: il triangolo come unità di osservazione terapeutica" (Sonia Di Caro).  
Centro Terapia Relazionale (C.T.R.) | Via Galermo, 105, 95123 Catania CT  
26 gennaio 2019

### **Training seminars**

"Vivere la perdita. Valore dell'esperienza e trasformazioni possibili" - Psicologi e cure palliative.  
Ordine degli Psicologi della Regione Siciliana | Via Gaetano Maria Pernice, 5, 90144 Palermo PA  
21 giugno 2018

"Dal grembo al mondo. Modelli e tecniche del lavoro integrato per la gestione delle competenze genitoriali - Unità di ricerca neglet. Dall'individuo alla comunità: fattori di rischio e fattori di protezione."  
S.I.P.Ped. - Società Italiana di Psicologia Pediatrica | Via Croce Rossa, 42, 90146 Palermo  
3 maggio 2018

"Giornata di studio sul Cyberbullismo - Safer Internet Day 2018"  
Kiwanis Club | Via Torino, 7, 00184 Roma RM | Presso Liceo Corbino Siracusa

6 febbraio 2018 - Siracusa (Italia)

"L'operatore specializzato: il ruolo nel mondo della scuola, le metodologie e il lavoro con l'autismo".

Altra Psicologia | Via Fonderia 45, Treviso | Presso Palazzo Convegni Catania

20 ottobre 2017

## REFRESHER PROFESSIONAL TRAINING

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### Three-years period 2023-2025

"Il potere delle storie. Eroi, giochi e personaggi al servizio della psicoterapia online e dal vivo" (Martina Migliore; Valeria Bianchi Mian)

Serenis Health s.r.l. | Corso di Porta Vigentina, 13, Milano (MI) | 25.5 ECM

2 gennaio 2024

"I disturbi specifici dell'apprendimento tra psicologia clinica e scolastica" (*Antonella D'Amico; Gianluca Lo Presti*)

Ordine degli Psicologi del Lazio | Via del Conservatorio, 91, 00186 Roma | 9 ECM

29 dicembre 2023

"Età evolutiva e sistemi familiari: 1° giornata - Terapia basata su EMDR-Sandtray con pazienti affetti da trauma complesso; 2° giornata - Trattamento sistemico dell'EMDR: curare il bambino e il legame di attaccamento genitore-bambino" (Dott.ssa Ana Gomez)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB) | 21 ECM

Dal 4 al 5 novembre 2023

"Lo psicologo: aggiornamenti professionali, deontologici e clinici"

Campi - Cassa Mutua Psicologi Italiani | V.le Giuseppe Mazzini, 114/B, 00195 Roma RM | 18 ECM

Dal 18 luglio al 30 novembre 2023

"La terapia EMDR per lutto e dolore - Trasformazione del legame dopo la perdita di una persona cara" (Dott. Roger M. Solomon)

Associazione EMDR Italia | Via Umberto I, 65, 20814 Varedo (MB) | 21 ECM

Dal 16 al 17 settembre 2023

"Corso di perfezionamento per Tutor: funzioni e compiti del tutor nell'ambito del tirocinio Pratico Valutativo"

Ordine degli Psicologi del Lazio | Via Umberto I, 65, 20814 Varedo (MB) | 3 ECM

11 settembre 2023

### Three-year period 2020-2022

"Il percorso diagnostico e terapeutico - Consulenza e sostegno a orientamento cognitivo-comportamentale"

ENPAP - Ente Nazionale di Previdenza ed Assistenza per gli Psicologi | Via Andrea Cesalpino, 1, 00161 Roma RM | 22,5 ECM

21-22-23 settembre 2022

"La tutela dei minori nelle separazioni conflittuali"

Ordine Psicologi della Regione Siciliana | Via Gaetano Maria Pernice, 5, 90144 Palermo PA | 4,5 ECM

15 dicembre 2020



"Corpi borderline: regolazione affettiva per i disturbi di personalità: lavorare con traumi intergenerazionali e con le dinamiche dell'attaccamento".

Ordine Psicologi della Regione Siciliana | Via Gaetano Maria Pernice, 5, 90144 Palermo PA | 6 ECM

12 dicembre 2020

"Il modello bio-psico-sociale in sessuologia"

Ordine Psicologi della Regione Siciliana | Via Gaetano Maria Pernice, 5, 90144 Palermo PA | 4,5 ECM

27 novembre 2020

"Diagnosi psicologica e DSM-5"

Ordine Psicologi della Regione Siciliana | Via Gaetano Maria Pernice, 5, 90144 Palermo PA | 12 ECM

Dal 23 ottobre 2020 al 06 novembre 2020

"Emergenza sanitaria da nuovo Coronavirus SARS CoV-2: preparazione e contrasto"

Istituto Superiore di Sanità | Viale Regina Elena, 299, 00161 Roma RM | 20,8 ECM

Dal 28 febbraio 2020 al 28 aprile 2020

"Prevenzione e controllo delle infezioni nel contesto dell'emergenza COVID-19 "

Istituto Superiore di Sanità | Viale Regina Elena, 299, 00161 Roma RM | 6,5 ECM

Dal 30 marzo 2020 al 28 dicembre 2020

## BIBLIOMETRIC INDICES

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### Bibliometrics

- **Number of Citations:** 557 (Scopus)
- **H-Index:** 21 (Scopus)

## PUBLICATIONS

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### JOURNALS

- **Russo, S.**, Fiani, F., & Napoli, C. (2024). Remote Eye Movement Desensitization and Reprocessing Treatment of Long-COVID-and Post-COVID-Related Traumatic Disorders: An Innovative Approach. *Brain Sciences*, 14(12), 1212. DOI: 10.3390/brainsci14121212. **[Indexed on SCOPUS, ID 2-s2.0-85213418727]**
- **Russo S.**, Tibermacine I. E., Tibermacine A., Chebana D., Nahili A., Starczewski J., Napoli C. "Analyzing EEG patterns in young adults exposed to different acrophobia levels: a VR study". *Frontiers In Human Neuroscience*. 18, 1348154, 2024. DOI: 10.3389/fnhum.2024.1348154. **[Indexed on SCOPUS, ID 2-s2.0-85195152459]**
- Guariglia C., **Russo S.**, Nori R., Bonavita A., Piccardi L. "May reducing driving-related phobia recover Developmental Topographical Disorientation? A case report", *Neuropsychological Rehabilitation*, submitted, 2024.
- Tibermacine I.E., **Russo S.**, Chebana D., Tibermacine A., Nahili A., Napoli C. , Starczewski J. "Deep Learning-Based Classification of Acrophobia Levels using EEG Signals". *Biomedical Signal Processing and Control*, submitted, 2024

■ Tibermacine I.E., Tibermacine A., **Russo S.**, Akrou D., Piccardi L., Napoli C. "Analyzing EEG Patterns in Young Adults Exposed to Different Auditory Stimuli", Journal of King Saud University - Computer and Information Sciences, submitted, 2024.

■ Falciglia S., Betello F., **Russo S.**, Napoli C. "Learning visual stimulus-evoked EEG manifold for neural image classification". Neurocomputing, 558, 127654, 2024. DOI: 10.1016/j.neucom.2024.127654 **[Indexed on SCOPUS, ID 2-s2.0-85190506481]**

■ Iacobelli E., Ponzi V., **Russo S.**, Napoli C. "Eye-Tracking System with Low-End Hardware: Development and Evaluation". Information, 14(12):644, 2023. **[Indexed on SCOPUS, ID 2-s2.0-85180554761]**

## JOURNALS

■ Fiani F., **Russo S.**, Napoli C. "An Advanced Solution Based on Machine Learning for Remote EMDR Therapy". Technology, 11(6):172, 2023. **[Indexed on SCOPUS, ID 2-s2.0-85180680379]**

■ Brandizzi N., **Russo S.**, Galati G., Napoli C. (2022). Addressing Vehicle Sharing through Behavioral Analysis: A Solution to User Clustering Using Recency-Frequency-Monetary and Vehicle Relocation Based on Neighborhood Splits. Information, 13(11):511, 2022. **[Indexed on SCOPUS, ID 2-s2.0-85144152564]**

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## AUTHORIZATION FOR THE PROCESSING OF PERSONAL DATA

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### Privacy Consent

I authorize the processing of my personal data pursuant to Article 13 of Legislative Decree No. 196 of June 30, 2003, and Article 13 of the GDPR (EU Regulation 2016/679) for the purposes of personnel recruitment and selection.

I authorize the processing of my personal data contained in the CV pursuant to Article 13 of Legislative Decree No. 196 of June 30, 2003 - "Personal Data Protection Code" and Article 13 of GDPR 679/16 - "European Regulation on Personal Data Protection".